

# Life Coaching, Counselling amp Holistic Therapies













**WHAT ARE YOUR GOALS FOR 2017?**  
If you want to:

1. Learn more about yourself
2. Release unhelpful beliefs
3. Gain more personal power
4. Get clarity and balance
5. Create space for nurture

Then my Coaching Course could be for you:  
Visit [Life Path Inspiration.com/coaching](http://LifePathInspiration.com/coaching)

Location **East of England, Essex**  
<https://www.freeadsz.co.uk/x-541981-z>

Personal development, for mind, body and soul. Hanna Ehlers-Bond M.A. Is a fully qualified and insured Psychotherapist, offering coaching, Numerology, guided meditation, dream-work, energy healing and sound therapy. No matter which tools you begin with, each session will seek to empower, inspire and motivate you toward your most special inner Self. Private sessions, mini workshops and courses, are all held in Westcliff on Sea, Essex, in a relaxing space overlooking the sea. If you are seeking some clarity, more self-acceptance, a release from unnecessary suffering, or more empowerment then get in touch. Email me at [click to](mailto:hanna@lifeandnumerology.com)

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