

Lateral Thigh Trainer (10 GBP)



Location **East Midlands, Derbyshire**
<https://www.freeadsz.co.uk/x-546021-z>













LATERAL THIGH TRAINER (Collection only)

Achieve fast fat burning and toned thighs with the Lateral Thigh Trainer. There are workouts on You Tube to go with this by International Fitness expert Brenda Dygraff.

Item is used but in very good condition. Has option for changing speeds and difficulty level and has a calorie and time counter. Comes with manual with some suggested exercises and workouts. Does not include the upper body cords.

Collection only from West Bridgford area of.

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