

# Martial arts seminar fitness amp self defence open to everyone North Durham academ



Location **North, Tyne And Wear**  
<https://www.freeadsz.co.uk/x-549062-z>

IMAF Europe U.K. Martial arts seminar judo jujutsu aikido iaido Sunday October 15th 10 15am- 1230 pm & 1pm- 330 pm adults £15 full day £ 8 per session Juniors/unwaged £10 full day £5 per session



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