

# New Monday morning yoga class starting on 30 October 2017 in Leatherhead



Location **London, London**  
<https://www.freeadsz.co.uk/x-550677-z>

Start your week feeling awesome! Join me at the Leatherhead Institute, 67 High Street, Leatherhead KT22 8AH from 9.15am to 10.30am every Monday, starting 30 October 2017.

My yoga classes reflect my passion for mindful movement. Strong and controlled transitions between poses will help you feel each movement and explore how you body opens up.

Join me! You deserve to move a little easier, feel a little better and become more connected to yourself.

First class free when you mention this advert! Beginners welcome. Mats provided.

Ring me on 0774 865 2056 0774 865 20...(click to reveal full phone number) to register, and take advantage of my new student offer: one free class with every 5 or 7 class bundle purchased. For more details, visit me at [www.micheleschnaieryoga.com](http://www.micheleschnaieryoga.com).



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