

## **Whitehawk Boxing Club**



Location **South East, West Sussex** https://www.freeadsz.co.uk/x-552027-z



Whitehawk boxing club is affiliated with the ABA boxing. It was established in 1995. The club has a dedicated team of 5 coaches, one of the coaches is a three time olimpic coach Dave Pocknell. We are a friendly gym which caters for junior and senior boxers, our objective is to get young boys and girls and teach them diciplin, self confidence, and respect for theirselves and others and to gain fitness and boxing techniques.

The club does also offer one to one boxing and fitness techniques, and has 16 boxing bags a as well as 2 sixteen foot boxing

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