

Soul Plan Readings amp Holistic Therapies includinghypnotherapy, reiki,reflexology



Location **North, Cheshire**
<https://www.freeadsz.co.uk/x-552035-z>

SOUL PLAN READINGS

Do you feel you have lost some direction in your life and searching for something but not quite sure what?

Do you feel you are stuck in the same life patterns which are holding you back from what you really want in life, who you want to be and feel there is something more for you in this lifetime?

Do you want to truly connect with your life purpose?

Soul Plan Readings are based on the sound vibration of your birth name (as it appears on your birth certificate) and may also take into account the name you are using now. Your birth name has hidden within it your life's blue print, the life's journey your soul intended. Our soul plans decide the destiny and goals we will strive towards.

My Soul Plan Readings are offered in Cheshire on a one to one basis person, and also via skype, phone or by email. Full Soul Plan Readings must be booked in advance and I may need at least a week to prepare the reading before we meet. The reading itself will last approximately 60 minutes to 90 minutes with exception to email readings.

Prior to your Soul Plan Reading I will prepare your Souls Plan Star of Creation and summary based on your birth name as it appears on your birth certificate. In your reading I offer you guidance and explanation of what your worldly and spiritual challenges, talents and goals are, and also your soul destiny. I link into your soul plan summary and work with this intuitively also. I will look at your challenges both physical and spiritual; showing you what stands in your way, the blocks you will have experienced throughout your life. By looking at your Worldly and Spiritual Talents and Goals this will help you to gain

clarity and you can recognise these within you and the strength they hold to help you overcome any blocks and blocks you have.

Reading will help you to understand why patterns and issues are occurring in your life.

the experiences and challenges you have been through in this life and what impacts they have had on you.

Are you holding back your talents and goals will you move forward, are you following your dreams and aspirations for the future, feeling a sense of healing, becoming more focused and a

sense of assertiveness about your life and its purpose.

SOUL PLAN READINGS FOR RELATIONSHIP

Are you struggling to understand the dynamics of a relationship – past or present? Would you like to understand and support your partner, friend or family member better? Looking to find a new relationship but the past is holding you back?

Soul Plan Readings are available for Relationship Readings, they can bring a awareness,



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understanding and healing to current or past relationships whether romantic, family or friends. Highlighting the strengths and the potential difficulties of the relationship and compatibility. A Relationship Reading helps to bring awareness and understanding of the other person at the deepest level. In the case of romantic relationships this goes beyond any dating service in determining relationship compatibility.

A relationship reading looks at the other person's soul plan in relationship to your own. It highlights the strengths and the potential difficulties that the relationship may be experiencing or in the case of past relationships helps understand what was going on for you both.

So why have a Relationship Soul Plan Reading? Our relationships are a fundamental part of our lives and these interactions affect us physically, emotionally and energetically. Some relationships feel lifting and positive but other times we can struggle to understand why we feel the way we do about the behaviour or actions of the other person – whether it is a romantic partnership, family member or a friendship. You can gain insight into the other persons potential as well as their challenges and how this may be enhancing or challenging your own soul. Awareness and understanding helps you bring out their best as well as your best. But also helps you to understand the challenges they are working through so you can support them or at least not react negatively to them.

Reiki is the universal life force energy which surrounds and flows through all living things and fills all space. It is a gentle yet powerful form of natural healing and can help to heal on a physical, mental, emotional and spiritual level and can enhance the effectiveness of other medications and treatment.

Hypnotherapy facilitates change, it is used for the treatment and relief of a variety of physical and psychological problems. Some conditions for which hypnotherapy is used as an effective and practical treatment, are as follows: Stopping Smoking, weight loss and control, sleeping difficulties, fears and phobias, relaxation and stress relief, anxiety and depression, pain.