

Budo Karate in Abingdon (7 GBP)



Location **South East, Oxfordshire**
<https://www.freeadsz.co.uk/x-555585-z>



Four free sessions for beginners. This a budo martial art, not a sport. Develop your abdominal breathing, increase your inner energy while doing karate. Health and mental focus benefits. All done in a friendly and professional environment. Instructors with over 30 years experience.

15 years + no upper age limit

Contact Dave on 07810 895111 07810 8951...(click to reveal full phone number) or click to



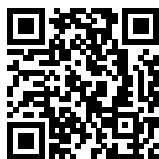
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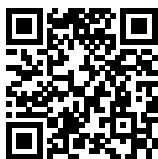
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