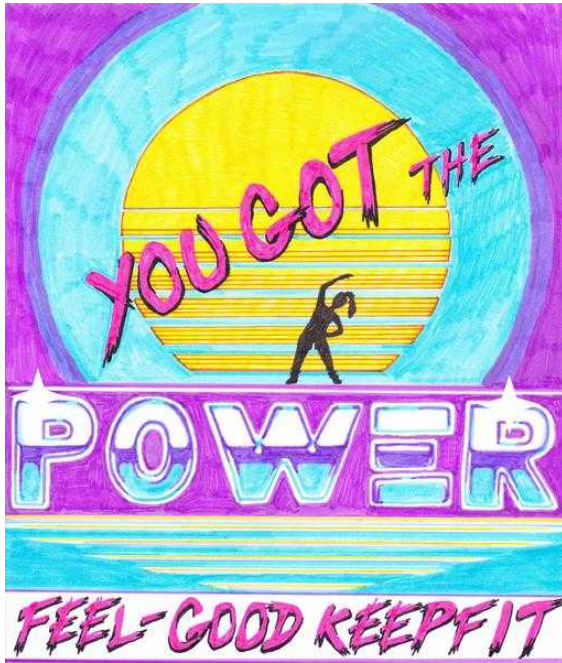


# Feel-good keep-fit classes in Newhaven YOU GOT THE POWER (7.50 GBP)



Location **South East, East Sussex**  
<https://www.freeadsz.co.uk/x-560977-z>



YOU GOT THE POWER! 80s inspired Feel-good Keep-fit! All ages and abilities welcome. Classes every Tuesday morning (10am at Hillcrest Centre) and Tuesday evening (7.30pm at Riverside Hall - MENCAP) £7.50 per class. FREE



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