

## **EASTBOURNE** amp **DISTRICT** CHOIRS ASSOCIATION

Choral singing strikes a healthy note

Singing together benefits both mind and body



To find out about your local choirs visit the Eastbourne & District Choirs' website: www.eadca.uk/ or see us on Facebook: www.facebook.com/EADCA/

South East, East Sussex Location

https://www.freeadsz.co.uk/x-567200-z

An association of amateur choirs rehearsing and performing in Eastbourne and the surrounding.





























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