

Triathlon amp Endurance Running Coaching Service



Location **Wales, Gwent**
<https://www.freeadsz.co.uk/x-571252-z>

Triathlon & Endurance Running can sometimes be a daunting experience, with a seemingly overwhelming amount of training necessary and equipment required...it is completely understandable to feel this way.

Allow us to demystify it all for you, by providing the friendly and approachable environment required to take the first steps to reaching your athletic potential. Training should never be seen as an unwanted but necessary burden...it is an enjoyably challenging process that has dramatic and positive life changing benefits.

Based in the South Wales, Tri-Dragons Coaching has been developing athletes of all ages and abilities since 2012.

We offer Triathlon, Swimming, Cycling and Running Coaching Services tailored to fit around any busy life schedule.

Regardless of experience, all of our clients receive the same minute attention to detail. You will always be our top priority.

We will look forward to working with you.

- BASIC PACKAGE - £10 per week
- STANDARD PACKAGE - £15 per week
- PREMIUM PACKAGE - £20 per week

Many Thanks
 Pete Jeremiah
 Head

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