

Life Fitness 95Xi Cross Trainer (Commercial Gym Equipment) (800 GBP)



Location **East of England, Essex**
<https://www.freeadsz.co.uk/x-584821-z>




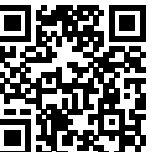






Commercial cross trainer. perfect working order.

The consoles displays: Elapsed Time, total calories burned calories burned per hour, watts, METs, workout profile, resistance level, speed, distance, heart rate

The workouts include: 4 Classic Workouts (Hill, Random, Manual, Quick Start), Zone Training+ Heart Rate Workouts (Cardio, Fat Burn, Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate), 6 Interval Workouts (Around the World, Cascades, Foothills, Interval, Kilimanjaro, Speed training) Cross Train Aerobics, Cross Train Reverse, 6 Customizable Workouts, Fit Test

Additionally, there is a customized Cool Down protocol as well as two workout modes - Cross-Train Aerobics & Cross-Train Reverse.

if you have any questions please.

 <p>Life Fitness 95Xi Cross Trainer (Commercial Gym Equipment)</p> <p>https://www.freeadsz.co.uk/x-584821-z</p>	 <p>Life Fitness 95Xi Cross Trainer (Commercial Gym Equipment)</p> <p>https://www.freeadsz.co.uk/x-584821-z</p>	 <p>Life Fitness 95Xi Cross Trainer (Commercial Gym Equipment)</p> <p>https://www.freeadsz.co.uk/x-584821-z</p>	 <p>Life Fitness 95Xi Cross Trainer (Commercial Gym Equipment)</p> <p>https://www.freeadsz.co.uk/x-584821-z</p>	 <p>Life Fitness 95Xi Cross Trainer (Commercial Gym Equipment)</p> <p>https://www.freeadsz.co.uk/x-584821-z</p>	 <p>Life Fitness 95Xi Cross Trainer (Commercial Gym Equipment)</p> <p>https://www.freeadsz.co.uk/x-584821-z</p>	 <p>Life Fitness 95Xi Cross Trainer (Commercial Gym Equipment)</p> <p>https://www.freeadsz.co.uk/x-584821-z</p>	 <p>Life Fitness 95Xi Cross Trainer (Commercial Gym Equipment)</p> <p>https://www.freeadsz.co.uk/x-584821-z</p>	 <p>Life Fitness 95Xi Cross Trainer (Commercial Gym Equipment)</p> <p>https://www.freeadsz.co.uk/x-584821-z</p>	 <p>Life Fitness 95Xi Cross Trainer (Commercial Gym Equipment)</p> <p>https://www.freeadsz.co.uk/x-584821-z</p>
---	--	--	--	---	--	--	--	--	--