## Zumba Gold (5 GBP)



Location East of England, Norfolk https://www.freeadsz.co.uk/x-588273-z

Zumba the low impact Latin inspired dance aerobic workout

a fun, friendly and social atmosphere no experience or levels required as you follow me and go at your own pace

Thursdays 10am holy trinity church Rackheath

classes £5 free parking

please don't hesitate to contact me with any queries



