Zumba Gold Norwich amp Rackheath (5 GBP)



East of England, Norfolk Location

https://www.freeadsz.co.uk/x-588274-z

Zumba gold classes

the low impact version for those needing a lower impact workout still great results an all over body workout with the Latin Inspired dance workout a fun friendly and social atmosphere

Thursday's holy trinity church rackheath 10am

fridays norwich school of dance white lodge trading estate 1:30-2:30pm



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