

HIIT CIRCUITS .GROUP FITNESS CLASSES (5 GBP)

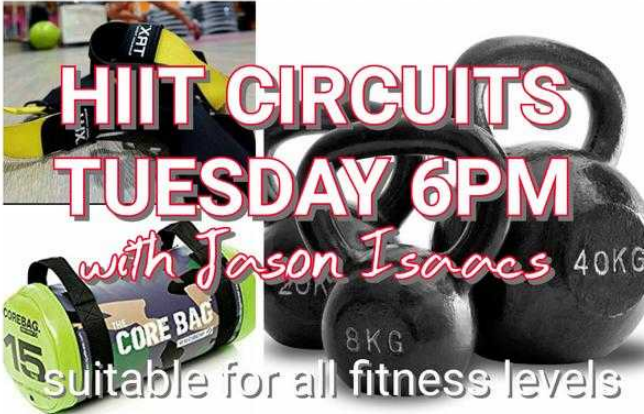


Sinnis House,
Ocean View
Business Park,
Gardner Road,
Portslade,
BN41 1PL



£5 drop in.
Free parking.

TEAM HIZO BOXING



**HIIT CIRCUITS
TUESDAY 6PM**
with Jason Isaacs

suitable for all fitness levels

Location **South East, West Sussex**
<https://www.freeadsz.co.uk/x-589332-z>

SUITABLE FOR ALL FITNESS LEVELS , FUN & EFFECTIVE TRAINING , BURN FAT , TONE YOUR BODY , INCREASE YOUR FITNESS .
 METABOLIC CONDITIONIN HIIT CIRCUITS, THE ULTIMATE IN GROUP FITNESS CLASSES , £5 DROP IN
 HIIT CIRCUITS Tuesday 6pm Team Hizo gym Portslade .
 HIIT CIRCUIITS Saturday 10am Cheetah's gym, Hove .

Call Jason on 07951480887 079514808...(click to reveal full phone number) for more information
 click to



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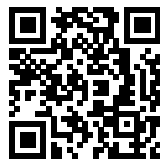
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