## **Healthy Eating Study**



South East, East Sussex https://www.freeadsz.co.uk/x-591530-z





Do you try in vain to eat veggies? Does fruit make you frown? Do you want to eat healthily but just can't resist junk food? If so, I need you.

I am doing a Masters degree study looking at what stops us eating healthily. I am testing an eating intervention that might make it easier for you to eat more fruit and vegetables.

If you are over 18, live anywhere in the UK and would like to take part in this study lasting around 1 month please email me on click to contact and I will give you full details.

Many!	
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Location

| Healthy Eating Study              |
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| https://www.freeadsz.co.uk/x-5915 |
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